Meet: Argo, Oak Lawn, Evergreen Park, @ Revis Date: April 7, 2011 Start Time: 4:30

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| Record/State | Event | Name | Time/Dis. | Name | Time/Dis. | Name | Time/Dis. | Name | Time/Dis. | ALT. |
| 17'3.5" | **Long Jump** | Monica | 13’3.5 | Leigh | 12’10 |  |  |  |  |  |
| SQ: 16’10” | f/s |  |  |  |  |  |  |  |  |  |
| 36'10" | **Triple Jump** | Katie | 22’11 | Robertniece | 5th 25’3 |  |  |  |  |  |
| SQ: 34’6” | f/s |  |  |  |  |  |  |  |  |  |
| 5’2” | **High Jump** | Monica | 4’6 1st |  |  |  |  |  |  |  |
| SQ: 5’1” | f/s |  |  |  |  |  |  |  |  |  |
| 40’8 | **Shot Put** | Dominique | 26’11 | Amber | 32’3 1st | Taushaunda | 23’0 | Ancies | 24’4 | Khadijah 20’4 |
| SQ: 36’6” | f/s | Toni | 22’3 | Tamla | 17’6 | Arianna | 19’9.5 | Sam | 16’8 |  |
| 117'3" | **Discus** | Dominique | 88’5 | Amber | 89’4 | Taushaunda | 69’7 | Ancies | 58’2 | Khad.67’10 |
| SQ: 112’6” | f/s | Toni | 61’0 | Tamla | 48’11 | Arianna | 54’8 | Sam | 48 |  |
| 11:04.7 | **4x800m. Relay** | Jolyne | 2:49 | Leeza | 3:04 | Colleen | 3:03 | Rachel | 2:52 | 11:45 3rd |
| SQ: 10:12 | f/s |  |  |  |  |  |  |  |  |  |
| 51.5 | **4x100m. Relay** | Diamond | 14.12 | Alex | 14.2 | Arianna | 15.2 | Monica | 13.6 | 56.55 3rd |
| SQ: 51.0 | f/s |  |  |  |  |  |  |  |  |  |
| 10:38.2 | **3200m. Run** | Charlotte | 13:31 | Drenika | 17:27 |  |  |  |  |  |
| SQ: 11:54 | f/s | Annie | 17:37 | Haley | 16:08 |  |  |  |  |  |
| 15.2 | **100m. Hurdles** | Jolyne | 19.2 |  |  |  |  |  |  |  |
| SQ:15.8 | f/s |  |  |  |  |  |  |  |  |  |
| 12.6 | **100m. Dash** | Diamond | 13.77 | Alex | 14.53 | Robertniece | 15.78 |  |  |  |
| SQ: 12.4 | f/s | Keairre | 14.87 |  |  |  |  |  |  |  |
| 02:20.4 | **800m. Run** | Colleen | 3:01 | Leeza | 3:07 | Drenika | 3:50 |  |  |  |
| SQ: 2:23.7 | f/s | Abby | 3:18 | Lauren | 3:10 |  |  |  |  |  |
| 01:47.8 | **4x200m. Relay** |  |  |  |  |  |  |  |  |  |
| SQ: 1:49.0 | f/s |  |  |  |  |  |  |  |  |  |
| 60.0 | **400m. Dash** | Rachel | 1:12 | Alex | 1:15 |  |  |  |  |  |
| SQ: 60.6 | f/s | Keairre | 1:17 |  |  |  |  |  |  |  |
| 49.7 | **300m. Hurdles** |  |  |  |  |  |  |  |  |  |
| SQ: 47.6 | f/s |  |  |  |  |  |  |  |  |  |
| 04:53.9 | **1600m. Run** | Charlotte | 6:31 | Kate | 7:04 | Drenika | 8:31 |  |  |  |
| SQ: 5:27.0 | f/s | Britney | 7:49 | Kayla | 8:25 | Abby | 7:51 | Lauren | 7:34 | Haley 7:43 |
| 26.2 | **200m. Dash** | Monica | 29.8 | Alex | 32.0 | Diamond | 28.2 | Robertniece | 33.2 |  |
| SQ: 26.0 | f/s | Keairre | 32.9 |  |  |  |  |  |  |  |
| 04:01.9 | **4x400m. Relay** | Leigh | 1:12 | Rachel | 1:18 | Jolyne | 1:17 | Charlotte | 1:19 | 5:06 |
| SQ: 4:11.5 | f/s |  |  |  |  |  |  |  |  |  |