Meet: Invite @ Oswego east Date: April 17,2010 Start Time: 4:30

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| Record/ State Qual. | Event | Name | Time/Dis. | Name | Time/Dis. | Name | Time/Dis. | Name | Time/Dis. | ALT. |
| 17'3.5" | **Long Jump** | Silas | 14’3.5 6th  | Bennett | 11’5.5 |  |  |  |  |  |
| SQ: 16’10” |  |  |  |  |  |  |  |  |  |  |
| 36'10" | **Triple Jump** | Spencer | 26’08 | Reed  | 25’01 |  |  |  |  |  |
| SQ: 34’6” |  |  |  |  |  |  |  |  |  |  |
| 5’2” | **High Jump** | Silas | 4’6 5th  |  |  |  |  |  |  |  |
| SQ: 5’1” |  |  |  |  |  |  |  |  |  |  |
| 40’8 | **Shot Put**  | Hunter | 28’11 | Williams | 26’8 |  |  |  |  |  |
| SQ: 36’6” |  |  |  |  |  |  |  |  |  |  |
| 117'3" | **Discus** | Hunter | 93’10 6th  | Williams | 90’3 |  |  |  |  |  |
| SQ: 112’6” |  |  |  |  |  |  |  |  |  |  |
| 11:04.7 | **4x800m. Relay** |  |  |  |  |  |  |  |  |  |
| SQ: 10:12 |  |  |  |  |  |  |  |  |  |  |
| 51.5 | **4x100m. Relay** | Lewis | 13.45 | Bennett | 13.95 | Diamond | 16.75 | Dominique | 14.56 | 58.7 DQ |
| SQ: 51.0 |  | Howard | 15.45 | Brown | 14.51 | R.Reed | 16.59 | Hunter | 14.52 | 1:01 |
| 10:38.2 | **3200m. Run** |  |  |  |  |  |  |  |  |  |
| SQ: 11:54 |  |  |  |  |  |  |  |  |  |  |
| 15.2 | **100m. Hurdles** | Piet | 19.5-6th  |  |  |  |  |  |  |  |
| SQ:15.8 |  |  |  |  |  |  |  |  |  |  |
| 12.6 | **100m. Dash** | Lewis | 14.52 |  |  |  |  |  |  |  |
| SQ: 12.4 |  |  |  |  |  |  |  |  |  |  |
| 02:20.4 | **800m. Run** | Murphy | 2:54.07 | Spiewak | 3:08 |  |  |  |  |  |
| SQ: 2:23.7 |  |  |  |  |  |  |  |  |  |  |
| 01:47.8 | **4x200m. Relay** | Lewis | 29.68 | Bennett | 29.91 | Brown | 33.31 | Diamond | 31.6 | 2:04 |
| SQ: 1:49.0 |  | Howard | ? | R.Reed | 34.89 | Epply | 40.44 | Julia | 35.7 | 2:54 |
| 60.0 | **400m. Dash**  | Spencer | 1:10 | Jakelatis | 1:19 |  |  |  |  |  |
| SQ: 60.6 |  |  |  |  |  |  |  |  |  |  |
| 49.7 | **300m. Hurdles** | Silas | 58.89 | Piet | 1:01 |  |  |  |  |  |
| SQ: 47.6 |  |  |  |  |  |  |  |  |  |  |
| 04:53.9 | **1600m. Run** | Murphy | scr | D. Lewis | 7:52.03 |  |  |  |  |  |
| SQ: 5:27.0 |  |  |  |  |  |  |  |  |  |  |
| 26.2 | **200m. Dash** |  |  |  |  |  |  |  |  |  |
| SQ: 26.0 |  |  |  |  |  |  |  |  |  |  |
| 04:01.9 | **4x400m. Relay** | Silas | 1:13 | Bennett | 1:14 | Spencer | 1:16 | Diamond | 1:17 | 5:00 |
| SQ: 4:11.5 |  | Piet | 1:19 | Spiewak | 1:15 | Vasquez | 1:20 | Howard | 1:21 | 5:17.8 |